ATHENS (PIRAEUS), GREECE

PIR510PRE-DBL: SPECTACULAR PELOPONNESE ADVENTURE CHALLENGE - SEPTEMBER 18, 2021 | $1,999

4 DAYS / 3 NIGHTS | MEALS: YES

Geared for our adventure lovers who want to get an early start to their holiday, this active exploration of the natural beauty of Greece’s Peloponnese region will provide you with unforgettable memories.

After spending the night in an Athens hotel, you will commence a morning drive to Arcadia and the fabled Lousios River where legend has it that Zeus, the father of Olympian gods bathed in the river after his birth. Your exhilarating Class II rafting experience begins in Lousios and travels over the river’s surging rapids and under a natural tunnel of trees. Dodge boulders and drop over cascades as you navigate your way through a densely vegetated gorge that leads from the Lousios River into the Alfios River. Along the way, stop in calm areas where you can take a refreshing swim in the crystal-clear waters and later, savor a delicious lunch at an ideal spot alongside the water. Your rafting ends at the marvellous bridge of “Koukos” and from here you will make your way to a charming guest house in Stemnitsa where you will overnight.

Day 2 of your adventure offers up a spectacular river trek alongside and within the Neda River, interestingly, one of the few rivers in Greece with a female name. Your trekking route heads through the site, you will pass many of the city’s main landmarks. Scramble over rocks, balance on natural stone surfaces and in some of the narrower parts of the river gorge, make a short swim to continue. Stop along the way to rest and enjoy a picnic lunch along the banks of the river before resuming your trek. All the effort is well worth it as you will find yourself at the end of your trail during a breathtakingly beautiful setting, complete with a cascading waterfall and natural river pool where you can go swimming. Transfer back to lodge in Stemnitsa where you will spend the night.

Your final day has you hiking into the untouched nature that surrounds the Lousios River gorge, also referred to as the “Mount Athos of the Peloponnese” on account of the monasteries that appear to be literally hanging from the surrounding cliffs. It is hard not to be awed by how these monasteries seeming cling to the sheer cliff faces and have done so for centuries.

During your hike, you will visit the St. John Prodromos monastery which is open to the public. End your adventure at the fascinating archaeological site of Ancient Gortyna which is nestled along the rushing Lousios River that in ancient times was actually called the Gortynios River. Afterwards, transfer to the pier in Piraeus for embarkation.

Special Note: This tour includes three days of moderate to Vigorous physical activity that includes inclines, scrambling over rocks, natural and uneven surfaces. The tour is not available to wheelchair guests, those with physical limitations or other health concerns. Participants should be in good physical condition. We recommend wearing weather appropriate comfortable clothing, flat walking shoes with a closed toe that can get wet, a sun cap, sunglasses, and sunscreen. For water activities, we suggest wearing a swimsuit under your clothes and bringing a towel. All safety equipment will be provided. Guests will need to sign a waiver before being allowed to take part in the activities.

PIR401PRE: EXPERIENCE ATHENS’ HISTORICAL PAST AND VIBRANT PRESENT - SEPTEMBER 18, 2021 | $2,240

4 DAYS / 3 NIGHTS | MEAL: YES

Start your holiday early and enjoy Athens’ most iconic attractions, followed by a day that offers up an exhilarating bike ride and time for relaxing in the sun at the seaside.

Day 1 - Upon touching down in Athens, you will be greeted and transferred to your hotel, the Saint George Lycabettus (or similar) located in the heart of Athens and notable for having stunning views of the Acropolis. After check-in, relax before dinner and then have the rest of the evening at your leisure.

Day 2 - Start the day with breakfast in the hotel and then meet your guide in the lobby and commence your tour of Athens. As you head to the Acropolis site, you will pass many of the city’s main landmarks such as Constitution Square (or Syntagma Square as it is also known), the Houses of Parliament, the university buildings, the Royal Palace, and the Old Olympic Stadium of Athens. The stadium, which offers fantastic views of the Acropolis, was built entirely of marble, and served as the site of the first modern day Olympics in 1896. However, the true highlight of the tour comes next when you arrive at the foot of the magnificent Acropolis, one of the most famous and photographed ancient monuments in the world. You will leave your coach behind here and set off on a walking tour that will be split into several stages, allowing for the guide to explain its rich history and for you to take short rest breaks. At the summit, there will be some free time to stroll about and admire the ancient temple of Athena Nike and the towering Parthenon.
Following your time at the summit, you will travel back down the mountain and visit the superlative Acropolis Museum that was opened in 2009. There is an immense amount of exhibition space and the way it has been laid out coupled with expansive windows can give the impression of crossing the ancient settlements nestled on the slopes of the Acropolis. Next, travel to the Plaka, the colorful old quarter of Athens that is rich with neoclassical architecture, ancient monuments and Byzantine churches, not to mention a plethora of shops and cafés. Following lunch here, there will be free time to do some shopping and explore on your own before transferring back to the hotel where you will enjoy dinner and then have the remainder of the evening to do as you please.

Day 3 - After breakfast, change things up and head toward the Athens Riviera. Once here, it's time to climb aboard a bike and be introduced to this other side of the city. As you bike along colorful side streets, soak in the local ambience and experience an uplifting bond with the surrounding sea. Mid-day stop for lunch by the beach and enjoy some free time to take a dip in the ocean or bask in the warmth of the sun before transferring back to the hotel.

Your final night takes you to the picturesque Mikrolimano area of Piraeus where you will be treated to dinner at the Varoulko restaurant. The restaurant’s menu was created by Lefferis Lazarou, Greece's top-awarded Michelin Star chef, so you can expect an extraordinary dining experience. Later, with a satisfied palate and sense of contentment, head back to the hotel for the night.

Day 4 - The morning is at leisure and then you will join your transfer to the ship for embarkation.

Special Note: This tour includes three days of moderate to physical activity that includes steps, inclines, natural and cobblestone surfaces. The tour is not available to wheelchair guests and may not be suitable for those with other physical limitations or health concerns. Participants should be in good physical condition and comfortable riding a bike. We recommend wearing weather appropriate clothing, flat walking shoes with a closed toe that can get wet, a sun cap, sunglasses, and sunscreen. For water activities, we suggest wearing a swimsuit under your clothes and bringing a towel. All safety equipment will be provided. Those who take part in any water activities do so at their own risk and responsibility.

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Before boarding your coach for the return drive to the port, there will be time to walk around the town of Delphi which has a number of interesting shops that sell a variety of items.

Special Note: This tour includes approximately three hours of moderate walking/standing that includes some steps, inclines and uneven surfaces. The tour is not available to wheelchair guests or those with walking difficulties. Participants should be in good physical condition. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen. Shoulders and legs and midriffs must be covered when entering religious sites. Flash photography is not permitted in the museum.

**Before boarding your coach for the return drive to the port, there will be time to walk around the town of Delphi which has a number of interesting shops that sell a variety of items.**

**Special Note:** This tour includes approximately three hours of moderate walking/standing that includes some steps, inclines and uneven surfaces. The tour is not available to wheelchair guests or those with walking difficulties. Participants should be in good physical condition. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen. Shoulders and legs and midriffs must be covered when entering religious sites. Flash photography is not permitted in the museum.

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**OLYMPIA (KATAKOLON), GREECE**

**KAK301: MYSTICAL ANCIENT OLYMPIA - A UNESCO WORLD HERITAGE SITE AND ARCHAEOLOGICAL MUSEUM -**

**SEPTMBER 20, 2021 | $69 pp**

**4 HOURS | MEALS: NONE**

Explore the mystical site of Ancient Olympia, deemed a UNESCO World Heritage Site and later, wonder at the artifacts on display at the nearby archaeological museum.

A 45-minute scenic drive from the pier brings you to the magical archaeological site of Ancient Olympia, location of the first Olympiad. Nestled between the Alphios and Kladhios rivers in the middle of a fertile valley, the setting could not be more idyllic. The site served as a sanctuary even before the stadium was built and any games were held. The most imposing monument here was the outstanding Temple of Zeus, one of the Seven Wonders of the Ancient World. Sadly, today only the ruins remain to remind us of its former glory.

The famous Stadium constructed in Roman times, was the largest of its day. Entered via a long, tunnel-like passage, you can only imagine the thoughts that went through the minds of the competitors as they emerged to the cheers of the spectators.

Next, make the short walk to the nearby Archaeological Museum. Just a few of the artifacts on display here are the Head of Hera and the superb statue of Hermes of Praxiteles. Browse the museum’s many displays that include pieces from the Temple of Zeus and marvel at these ancient items recovered from thousands of years ago.

Following your museum visit, rejoin your coach and make the drive back to the pier.

**Special Note:** This tour includes approximately 2.5 hours of moderate walking/standing that includes steps and uneven natural surfaces. The tour is available to wheelchair guests and may not be suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing, flat walking shoes, a sun cap, sunglasses, and sunscreen.

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**KAK302: ANCIENT OLYMPIA COMES TO LIFE THROUGH THE MARVEL OF 3D TECHNOLOGY -**

**SEPTMBER 20, 2021 | $69 pp**

**4 HOURS | MEALS: NONE**

Travel to the UNESCO World Heritage site of Olympia and explore this historically significant location where the first Olympic Games were held. You will be able to view the site not only in real-time, but also aided by the use of Augmented Reality software, whereby participants will each be provided with a tablet that will enable them to view Olympia as it once was. This technology combines the camera’s content with a virtual one, creating a mixture of the real-time camera’s video with several virtual elements. Just point your tablet’s camera at various locations at the site and you can view them in their original form as they stood thousands of years ago. Simply amazing!

The magical site of Ancient Olympia is nothing short of idyllic, nestled at the foot of Mount Kronos in the middle of a fertile valley where the Alphios and Kladhios rivers flow. Long before the stadium was built and any games took place, the area was already a sanctuary and home to the Temple of Zeus, one of the seven wonders of the ancient world. Sadly, today only the ruins of this iconic temple remain.

Explore the numerous magnificent buildings that have been excavated and walk down the long, tunnel-like passageway that brings you into the Stadium where athletes once competed in events such as the pentathlon, boxing, and foot races. Although the track is eerily silent today, if you close your eyes you can imagine the roar of the crowd cheering on the best athletes of the day.

A short walk from the Stadium is the Archaeological Museum which houses a wealth of artifacts that have been found here, including the Head of Hera and a magnificent statue of Hermes of Praxiteles. Afterwards, drive back to the pier.

**Special Note:** This tour includes approximately 2.5 hours of moderate walking/standing that includes steps and uneven natural surfaces. The tour is available to wheelchair guests and may not be suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing, flat walking shoes, a sun cap, sunglasses, and sunscreen.

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**To Book Your Atlas Ashore Land Excursions, Call Our Voyage Specialists At 1.844.44.ATLAS (28527)**
Off-the-beaten-track Magna Grecia Farm gives visitors a glimpse of local Greek farm life as it has been conducted for decades. Travel through picturesque villages and enjoy unspoiled scenery as you make your way to the farm. Situated in the heart of Katakolon's agricultural region, the tour includes a visit to the olive grove where your hosts will enlighten you on the history of the olive tree and it’s tasty, peppery fruit. Of course, no farm is complete without farm animals and you will get to meet some of them as well.

Following your tour of the grounds, relax and immerse yourself in the surrounding beauty and the abundant charm of the estate while enjoying a traditional Greek lunch of mezes, grilled Greek sausages and local wine. Be sure to also try the ouzo, a local liqueur that tastes like licorice. Adding to your special visit, the hosts have arranged for a short demonstration of the cultural Syrtaki dance. Maybe you will even be inspired to try a few steps yourself!

Filled with pleasant memories along with a satisfied palate, you will head back to the pier.

Special Note: This tour includes approximately one hour of mild walking/standing that includes some steps. The farm is not wheelchair accessible and therefore, the tour is not available to wheelchair guests. We recommend wearing weather appropriate comfortable clothing, flat walking shoes, a sun cap, sunglasses, and sunscreen.

Calling all of our adventure seekers! Few things compare to this incredible combination of experiences that are not just challenging, but sheer fun!

Your day of adventure begins with a scenic 30-minute drive to the breathtakingly beautiful Alcantara Gorge. Arriving at the quad station, you’ll receive a safety briefing, instructions, and your equipment before heading off on phase I of today’s experiences. Your trail winds through impressive landscapes characterized by dirt paths covered with mud, stones, and some water, as you make your way across the Alcantara Valley.

Following a rest stop at the Alcantara River, you will don your wetsuit and start phase 2 of today’s adventure. Canyoning is a sport that involves climbing down waterways that run through narrow canyons carved into the rock. It’s a group sport rather than an individual one, that builds team spirit and cooperation amongst the participants. The main objective is to interact directly with nature while having tons of fun and enjoying good company away from the chaos and stress of everyday life.

The Alcantara Gorge is a place of perfect harmony between rock, water, and sun; a marvelous terrain filled with plenty of adventure as you move through its pristine natural environment. Your challenges today include cascades that you will either navigate with the aid of ropes, by jumping into the water, sliding down or climbing over. At times, you will be using your body as a raft as you make your descent down the river. When you reach the end, you will find a deep little lake created by a waterfall that you can take a brief swim in before concluding your trek by swimming to shore.

After changing clothes, you’ll return to the base station and then drive back to the pier.

Special Note: This tour includes approximately three hours of moderate to vigorous physical activity that includes off-road driving, climbing, scrambling over rocks, sliding down cascades, crossing water, inclines, natural and uneven surfaces. The tour is not available to wheelchair guests or those with physical limitations or other health concerns such as heart, back or neck issues, or pregnant women. Furthermore, it may not be suitable for those with a fear of heights. Participants should be in good physical condition and have a degree of agility. We recommend wearing weather appropriate comfortable clothing; sturdy, flat walking shoes with a closed toe; a sun cap; sunglasses and sunscreen. All safety equipment including wetsuits and helmets will be provided. Guests will need to sign a waiver before being allowed to take part in the tour.
TAM303: WINE LOVER’S TOUR OF THE GAMBINO WINERY AND TASTING - SEPTEMBER 21, 2021 | $129PP

4 HOURS | MEALS: SNACK

Wine aficionados will love this tour that travels to the foothills of Mt. Etna to visit one of Taormina’s most beloved wineries and sample their wines.

From the pier, take a brief panoramic drive through the town of Naxos which was founded by Greek colonizers in the eighth century BC. Leaving Naxos behind, make your way to the village of Linguaglossa which is found in the province of Catania, on the northern side of Mt. Etna. Founded on a lava stream in 1566, the name ‘Lingua Glossa’ literally means ‘tongue tongue’ as ‘Lingua’ is the Italian word for tongue and ‘Glossa’ is the Greek word for tongue as well.

The Azienda Gambino winery that you will visit is owned by the Raciti Gambino family and rises 2600 feet above sea level. The soil here is very fertile due to the volcanic eruptions of the past and the vines are grown on sunny and airy terraces that also afford breathtaking panoramic views.

On arrival, first enjoy a tour of the vineyards and then head to the wine cellar where your host will share with you the history of the winery and some information about the wines they produce. Afterwards, enjoy sampling four varieties of these wines while being treated to some typical Sicilian snacks.

When your winery visit draws to a close, re-board your coach and make the drive back to the pier.

Special Note: This tour includes approximately 90 minutes of mild to moderate walking that includes some steps and uneven, natural surfaces. The wine cellar is not accessible; therefore, the tour is not available to wheelchair guests. We recommend wearing weather appropriate comfortable clothing; sturdy, flat walking shoes with a closed toe; socks; a light sweater or jacket; a sun cap; sunglasses and sunscreen.

TAM304: ASCENT OF MT. ETNA AND CRATER’S EDGE VISIT - SEPTEMBER 21, 2021 | $179PP

5.5 HOURS | MEALS: NONE

Enjoy the unique scenery of Mt. Etna, Europe’s greatest volcano and then get a closer look from the crater’s edge.

Drive from the pier to the slopes of Europe’s largest active volcano, winding your way through small villages, lemon groves, vineyards, chestnut, and pine woods. Gradually, you will start coming across the hardened lava fields that are scattered with volcanic cones. Reaching the Silvestri Craters which are located at an altitude of 6,200 feet, you will be treated to an amazing view. The view of this somewhat eerie and unique landscape gets even better as you travel to the next level by cable car. Here, board a 4X4 van for the drive to the base of the crater where Alpine guides will join you for the twenty-minute walk that will take you as close as possible to the crater’s edge. Truly an unforgettable experience.

Following your time at the crater’s edge, you will retrace your steps and make your way back to the pier.

Special Note: This tour is primarily seated with limited walking; however, the surfaces are natural and uneven and there will be some loose volcanic shale and some steps to negotiate. The drive to Mt. Etna is approximately 90 minutes in each direction, and then you will make the final ascent by cable car and 4WD vehicle. The tour is not available to wheelchair guests, those with walking difficulties or other mobility concerns, or those with medical conditions such as heart or respiratory issues, back or neck injuries. We recommend wearing comfortable clothing that includes long pants; a warm jacket as the winds at the top can be strong and cold; flat walking shoes with a closed toe and non-slip sole, and sunglasses.

TAM305: DISCOVER THE CHARMS OF TAORMINA ON FOOT - SEPTEMBER 21, 2021 | $99PP

3.5 HOURS | MEAL: NONE

Nestled across a hillside that overlooks the sea, Taormina is a delightful gem that exudes medieval character and the best way to experience that is by an up-close, walking tour.

It’s a 30-minute drive from the pier to the heart of the town where your walking tour commences. Make your way down the main street for an exterior visit of the 15th century Palazzo Corvaja, adorned with the classic double windows of the era. Next, your guide will lead you to the impressive Greek/Roman Theater, built in the 3rd century BC. The theater is notable for being especially wide and having fantastic acoustics. In fact, it is still used during the summer for open-air performances.

Returning to the heart of the town, stroll down the Corso Umberto, a popular pedestrian area where you can uncover a wealth of interesting shops tucked away on small lanes just off the main street. Take advantage of some free time here to shop for local handicrafts before it’s time to rejoin your coach for the transfer back to the ship in Naxos.
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Special Note: This tour includes approximately 90 minutes of moderate walking/standing that includes some steps and uneven surfaces, plus any additional walking at the guest's discretion during free time. The tour is not available to wheelchair guests or those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen. Shoulders, legs, and midriffs must be covered when entering religious sites.

TAM306: ICONIC SCENES OF THE GODFATHER - SEPTEMBER 21, 2021 | $99 pp

4.5 HOURS | MEALS: NONE

Explore Taormina by visiting some of its off-the-beaten track villages and several locations where scenes for the Godfather movies were filmed.

Start from the pier with a brief drive through the small town of Naxos which was founded by the Greeks in the eighth Century B.C. Today it's a lovely summer resort town with a wealth of hotels and tourist attractions. Continue along the coastal road, passing lovely villas, flowering gardens and quaint villages as you make your way to Santa Teresa, the largest coastal town between Messina and Taormina. From here, travel inland along a picturesque road to the village of Savoca. Nestled between two hills, it's beauty and historical artistic heritage make it one of the most attractive if not necessarily well-known locations on the island. At the entrance to the village is the "Bar Vitelli" which also houses a collection of local artisan tools and photos taken when Francis Ford Coppola filmed some scenes for The Godfather.

Your time in Savoca also includes a visit to the Cappuccini Church whose crypt houses catacombs with thirty-seven wooden boxes that contain the mummified bodies of friars and noble people who lived there in the 18th and 19th centuries. You will also have a walking tour along the village's main street, which ascends a hill and features several 15th and 16th century churches, the ruins of a Norman castle and a magnificent view of the Sicilian coastline, the Strait of Messina, and the Italian mainland.

Continue to Forza d'Agro', a charming little village that overlooks the Arab-Norman castle of Capo Sant’Alessio. In 1990, Al Pacino and Sophia Coppola came here when they shot some scenes for The Godfather III. A lane from the main square here leads to the Gothic-Catalan portal in front of the Church of Saint Agostino with its decorative 15th Century façade. Before heading back to the pier there is an opportunity to see the Baroque Mother Church.

Special Note: This tour includes approximately two hours of moderate walking/standing that includes numerous steps, uneven surfaces, and inclines. The tour is not available to wheelchair guests and is not considered suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen. Shoulders, legs, and midriffs must be covered when entering religious sites.

TAM307: MT. ETNA SCENIC DRIVE - SEPTEMBER 21, 2021 | $99 pp

4 HOURS | MEAL: NONE

Experience Sicily's greatest natural attraction and Europe's most active volcano on this memorable tour up the slopes of Mt. Etna.

Your tour begins with a drive through the town of Naxos which was founded by the Greeks in the eighth Century B.C. Today it's a lovely summer resort town with a wealth of hotels and tourist attractions. Leaving Naxos behind, join the autostrada to the scenic road that winds around the slopes of the mountain, passing the town of Giarre and the villages of Santa Venerina and Zafferana. Arriving at Mt. Etna at the Silvestri Crater, you will find yourself at 6,400 feet above sea level with surrounding slopes soaring up to over 10,000 feet in areas. From here, you can view the cones and craters created from past eruptions and gaze out across the Catania Gulf. There are also woods, vineyards, and orchards to be seen from this viewpoint. Of course, the major attraction to be viewed is the remnants of the streams of lava that are present from eruptions that took place in 2001 and 2002.

Following your time at the crater, you will have some free time to shop for local handicrafts before re-boarding your coach and traveling back to the port.

Special Note: This tour includes a limited amount of walking standing, primarily at the guests’ discretion. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the transportation with limited assistance and have a companion to assist them. Wheelchair guests and those with walking difficulties should not attempt to visit the craters and may wait in one of the local bars instead. We recommend wearing weather appropriate comfortable clothing that should include a light jacket or sweater; flat walking shoes with a non-slip rubber sole and closed toe; a sun cap; sunglasses and sunscreen.
PAESTUM (AGROPOLI), ITALY

AGO301: PAESTUM - ITALY'S FOOTPRINT OF GREEK ARCHITECTURE - SEPTEMBER 22, 2021 | $79 pp

4 HOURS | MEALS: NONE

Explore the ancient ruins of Paestum, founded by Greek colonists who called the city Poseidonia. After being conquered by Lucanians and later Romans, it became today's Paestum.

Make the 30-minute drive from the pier in Agropoli to Paestum. The original Greek founders dedicated the city to Poseidon, the God of the Sea and thus it came to be called Poseidonia. This archaeological site is renowned for its three well-preserved Greek temples dedicated to Hera, Athena, and Poseidon, and some say the temples here are better preserved than the Parthenon in Athens. After becoming a Roman colony, the town was enhanced with magnificent buildings, Roman Baths, the portico of The Forum and the amphitheater. Today, the temples and the famous paintings in the museum are the only remaining examples of Greek architecture and art in Italy. As you walk amongst the imposing and glorious temples you will no doubt be impressed by these outstanding examples of the past greatness of the ancient Greek culture.

When your visit comes to an end, rejoin your coach for the transfer back to the pier.

Special Note: This tour includes two hours of moderate walking/standing that includes steps and uneven surfaces. The tour is not available to wheelchair guests and may not be suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen.

AGO302: PAESTUM FARM LIFE AND ITS FAMOUS ARCHAEOLOGICAL SITE - SEPTEMBER 22, 2021 | $109 pp

4.5 HOURS | MEAL: SNACK

Experience two very different facets of Paestum with visits to a local family-owned farm and its revered archaeological site.

Your day starts with a scenic drive to the Vannulo Estate, located in a rich and fertile tract of land. Antonio Palmieri and his family have owned the estate since 1988 and raise buffaloes whose milk is used to produce cheese and yogurt. During your walk through the estate, you will probably spot them, most likely immersed in water.

The walk continues to the stables and the estate's modern milking plant. Here in the dairy, you can observe yogurt and Mozzarella cheese being made from the buffalo milk. From the dairy, proceed to the nearby Permanent Museum of Peasant Culture where you will find a collection of instruments and utensils that have been used in various eras. Before leaving, enjoy a tasting of fresh Mozzarella cheese.

Next, drive to the famous Paestum ruins. The original Greek founders dedicated the city to Poseidon, the God of the Sea and thus it came to be called Poseidonia. This archaeological site is renowned for its three well-preserved Greek temples dedicated to Hera, Athena, and Poseidon, and some say the temples here are better preserved than the Parthenon in Athens. After becoming a Roman colony, the town was enhanced with magnificent buildings, Roman Baths, the portico of The Forum and the amphitheater. Today, the temples and the famous paintings in the museum are the only remaining examples of Greek architecture and art in Italy. As you walk amongst the imposing and glorious temples you will no doubt be impressed by these outstanding examples of the past greatness of the ancient Greek culture.

Following your time here, make the drive back to the pier in Agropoli.

Special Note: This tour includes approximately three hours of moderate walking/standing that includes steps and uneven surfaces. The tour is not available to wheelchair guests and may not be suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen.
Come explore Salerno, the location where the main Allied invasion force landed on September 9, 1943. Called Operation Avalanche, the tide of Allied soldiers that took part in the battle numbered 180,000 and there were 700 amphibious vehicles used during the attack.

Depart from the tender pier and drive along Trentova Bay en route to Salerno and its famous sandy beach area that was the landing site of the Salerno theater. Your first stop is at The Salerno Landing Museum, where your visit allows you to look back in time via memorabilia and images that captured the event, most coming from private collections.

Continue to the town of Salerno, the capital of this province and the second largest municipality in the region with regard to population. Today, it is home to the Salerno Medical School which was the first and most important medical institution in Europe since the Middle Ages and is considered by many to be the forerunner of today’s modern universities. While here, enjoy free time to explore on your own and walk along the beautiful promenade while admiring the spectacular Amalfi coastline.

At the end of your time in Salerno, you will be transferred back to the tender pier in Agropoli where your tour concludes.

Special Note: This tour includes approximately one hour of mild to moderate walking that includes some steps and uneven surfaces plus any additional walking at the guest’s discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with other mobility issues. We recommend wearing weather appropriate comfortable clothing; flat walking or sport shoes with a closed toe; a sun cap; sunglasses and sunscreen.

Visit locations where scenes from the popular 2010 Italian comedy movie Benvenuti al sud were filmed along with enjoying time in the quaint town of Santa Maria di Castellabate.

From the tender pier in Agropoli, drive along the bay and past the historical walls of the ruins of Paestum, one of the area’s most well-known historical attractions before arriving in Santa Maria di Castellabate. Leaving your coach behind, begin a guided walk through this picturesque village that takes you along colorful alleys that lead to Le Gatte, the small port location of the restaurant featured in the film. As you continue, stroll along the seaside promenade and see the small square and post office which were also filming locations used in the movie. From this vantage point you can also see upper Castellabate and its medieval castle in the distance.

When your visit draws to a close, rejoin your transportation and transfer back to the tender pier in Agropoli.

Special Note: This tour includes approximately 75 minutes of mild to moderate walking that includes some steps and cobblestone surfaces. The tour is not recommended to wheelchair guests and may not be suitable for those with other mobility issues. We recommend wearing weather appropriate comfortable clothing; flat walking or sport shoes with a closed toe; a sun cap; sunglasses and sunscreen.
Step out of your comfort zone and soar like a bird over the beautiful Amalfi Coast, accompanied by a professional paraglider. The views are simply outstanding and the flight nothing less than exhilarating.

Start your adventure with a leisurely drive along the stunning Amalfi Coast. Upon reaching your start-point, meet your professional “pilot” and receive a safety briefing. After strapping into your harness, the two of you will take off and launch from a high hilltop. In the blink of an eye, your canopy will be lifted by the wind currents and you will find yourself floating over the amazing landscape that stretches out below you. Your flight over the Gulf of Salerno will afford you unforgettable views of majestic Mt. Vesuvius, colorful farmland, the shores of the Amalfi coast and in the distance, the islands of Ischia and Capri.

Your flight will last approximately 30 – 45 minutes, dependent upon prevailing weather conditions. Once you touch down, transfer back to your meeting point to meet your private transportation for the return drive to Amalfi. There is little doubt this will be one of the highlights of your trip.

Special Note: This tour has limited walking. The drive to the launch point is approximately 90 minutes in each direction. The tour is not available to wheelchair guests and not suitable for those with limited mobility or those who suffer from a fear of heights. We recommend wearing weather appropriate comfortable clothing, flat sport shoes with a non-slip sole and sunscreen.

Come explore the hidden gem of the Amalfi Coast – Ravello. With its beautiful villas, colorful gardens, and quaint town center, it is sure to enchant.

From the pier, it’s a short but stunning panoramic drive as you climb up to Ravello, one of the most famous and popular locations along this stretch of coastline. As you arrive to the main square, you will see the “Duomo” with its linear façade that showcases the original Romanesque outline of three oculi and window above the entrance portal. Take note of the highly valuable bronze door which was made in 1179 by Barissano da Trani. On the righthand side of the church stands an impressive 13th century bell tower. If the Duomo is open, you will be allowed a quick look inside at the majestic marble pulpit, beautiful mosaics and columns that are supported by spiral posts that rest on marble lions.

Visit the extraordinary site of Pompeii, the partially excavated Roman town that along with its sister city Herculaneum, was destroyed and completely buried during a catastrophic eruption of Mt. Vesuvius.

A relaxing 90-minute drive brings you from the pier to the remarkable ruins of Pompeii. Even prior to the cataclysmic volcanic eruption in 79 A.D, the city had a colorful and important history and was a key transit point for goods arriving by sea. Buried under 72 feet of ash and pumice, it then became forever etched in time for that singular event. Walk the site with your knowledgeable guide and learn details about the historic two-day event that ended the life of this ancient Roman town and many of its residents. The atmosphere is still sobering as you view the main sections of the site that include the immense Forum, temples, homes and shops. Life here was quite literally, stopped in its tracks as witnessed in some of the displays. Smaller excavations continue and in 2018, further discoveries were made.

Following your guided tour, enjoy some free time to further explore on your own before it’s time to re-board your coach for the drive back to the pier.

Special Note: This tour includes two hours of moderate to vigorous walking/standing that includes numerous steps and uneven surfaces. The tour is not available to wheelchair guests and is not considered suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen.
While Pompeii is the most famous of these two sister cities, Herculaneum offers a different feel than what is experienced in other ancient cities, including Pompeii. While smaller, its ruins are more well-preserved, due to its destruction happening in a different way than Pompeii. A two-hour scenic drive brings you to the site where you will start your guided exploration. Mainly a fishing village, it became popular for its desirable location overlooking the Bay of Naples. Chosen as a summer resort by wealthy Romans, it became quite an affluent city and the wonderful villas that were built here are adorned with beautiful frescoes, mosaics, and marvelous statues. Because of that, visitors are given an extraordinarily unique vision of what life was like here at that time.

Following your visit at Herculaneum, head back to the pier.

Special Note: This tour includes two hours of moderate walking/standing that includes numerous steps and uneven surfaces. The tour is not available to wheelchair guests and is not considered suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen.
RETURNING TO THE SURFACE, WALK WITH YOUR GUIDE TO A NEARBY RESTAURANT AND ENJOY A PIZZA LUNCH BEFORE WALKING BACK TO THE SHIP.

Countless Neapolitans who hid in the tunnel during the war.

You will first cross through a cistern that was made in the late 1400s and then make your way through a 65-foot tunnel and on to the car room. Descend from here via a large cistern to the aquifer. There are some wonderful 18th century arches at this level, and this is where your “industrial” archaeological tour begins.

Your unforgettable day isn’t over yet, because now you will drive to the extraordinary UNESCO World Heritage Site of Pompeii, the partially excavated Roman town that along with its sister city Herculaneum, was destroyed and completely buried during a catastrophic eruption of Mt. Vesuvius. Even prior to the cataclysmic volcanic eruption in 79 A.D, the city had a colorful and important history and was a key transit point for goods arriving by sea. Buried under 72 feet of ash and pumice, it then became forever etched in time for that singular event. Walk the site with your knowledgeable guide and learn details about the historic two-day event that ended the life of this ancient Roman town and many of its residents. The atmosphere is still sobering as you view the main sections of the site that include the immense Forum, temples, homes, and shops. Life here was quite literally, stopped in its tracks as witnessed in some of the displays. Smaller excavations continue and in 2018, further discoveries were made.

Following your guided tour, enjoy some free time to further explore on your own before it’s time to transfer back to the pier in Naples, filled with memories of an extraordinary day that will not be forgotten.

Special Note: This tour includes two hours of moderate walking/standing that includes numerous steps and uneven surfaces plus any additional walking at the guest’s discretion during free time. The tour is not available to wheelchair guests, those with mobility issues or medical limitations such as heart, respiratory, back or neck problems or pregnant women. It is not recommended for those with a fear of heights. We suggest wearing weather appropriate comfortable sports clothing and athletic shoes and to bring sunglasses, a sun cap and sunscreen for the Pompeii visit. All necessary equipment is provided. Guests will be required to sign a waiver before being allowed to participate in the tour.

NAP502: UNDERGROUND ADVENTURE IN THE BORBONIC TUNNEL - SEPTEMBER 24, 2021 | $119PP

4.5 HOURS | MEALS: LUNCH

Few who visit Naples are even aware of this other-worldly tunnel that stretches beneath the city and the amazing secrets it keeps hidden. Take this opportunity to be one of the few visitors to actually explore it and have a unique experience to share later with your friends and fellow travelers.

You will cross through a cistern that was made in the late 1400s and then make your way through a 65-foot tunnel and on to the car room. Descend from here via a large cistern to the aquifer. There are some wonderful 18th century arches at this level, and this is where your “industrial” archaeological tour begins by walking through the Pilot gallery. From here, sail on a small raft approximately 300 feet to the large gallery where you can see the names and thoughts of countless Neapolitans who hid in the tunnel during the war.

Returning to the surface, walk with your guide to a nearby restaurant and enjoy a pizza lunch before walking back to the ship.
Special Note: This tour includes approximately 2.5 hours of moderate walking/standing that includes steps and uneven surfaces, plus any additional discretionary walking during free time. The tour is not available to wheelchair guests or those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes with a non-slip sole; a sun cap; sunglasses and sunscreen.

**NAP503: THE FLIGHT OF THE ANGEL - SEPTEMBER 24, 2021 | $599pp**

5.5 HOURS | MEAL: NONE

Take what may possibly be the most exciting ride of your life as you fly at a speed of over 70 mph on Europe's longest zipline, suspended between the tops of two small towns on the stunning Amalfi coast.

Drive from the port to the town of Furore, a small village that not only hugs the mountainside, but spills down to the coast. Arrive and walk along narrow streets and around rock formations, drinking in panoramic views and the scent of flowers and lemon trees as you make your way to the starting point of your “flight.” Once there, strap into your harness and then get ready to experience the Amalfi Coast as only seen by winged creatures.

Your flight travels by steel cable from the top of Furore, across the fjord to Maggio Conca dei Marini, reaching speeds of up to 74 mph. The views are unsurpassed. Sparkling sea and green mountainsides surround you, a heavenly experience. A specially designed braking system brings you gently back to earth where you will be freed from your flight harness. At the gazebo, take time for a refreshment before driving back to Amalfi.

Once in Amalfi, there will be some free time for you to do some exploring on your own or grab a bit to eat before heading back to the ship.

Special Note: This tour includes a limited amount of walking which is primarily at the guest's discretion during free time in Amalfi; however, the walking in Furore is uphill and there will be steps and uneven surfaces. The tour is not available to wheelchair guests, those with mobility concerns or medical limitations such as heart, respiratory, back or neck problems or pregnant women. It is not recommended for those with a fear of heights. We recommend wearing weather appropriate comfortable clothing; flat walking shoes with a closed toe; a sun cap; sunglasses and sunscreen. The minimum age to participate is 16 years old. The minimum allowable weight is 88 lbs. and the maximum allowable is 264 lbs. As the route passes over sensitive areas (roads and private property) personal photographic equipment is not allowed, including mobile phones. There is the option of having a flight movie made by renting a special video camera that attaches to your helmet and at the end of the flight you will be given the SD card with the video.

**NAP301: CAPTIVATING CAPRI – ITALY’S “ISLAND OF LOVE” - SEPTEMBER 24, 2021 | $175pp**

9 HOURS | MEAL: NONE

Spend the day enjoying the beauty and ambience of legendary Capri, a fabled resort for pleasure seekers, even in ancient Roman times.

Meet your guide on the pier and walk to the hydrofoil terminal where you will board your jetfoil for the ride across the open sea to the island of Capri, which has earned the reputation of being the “Island of Love”. Arriving at the Marina Grande Harbor, a minibus awaits to transfer you to Anacapri where you are given a choice of either visiting Villa San Michele, or the breathtaking Monte Solaro.

The Villa San Michele dates back to the late 19th century and is perhaps Capri's most visited attraction. Aside from offering astounding views and a magnificent garden, the Villa is also a museum and houses a wealth of wonderful exhibits such as the head of Medusa, a bust of Emperor Tiberius and an Egyptian sphinx. Should you choose the option of seeing Monte Solaro instead, you’ll explore a mountain top on the island that gives visitors incredible views of the Gulf of Naples and the Gulf of Salerno. High atop the mountain you’ll find the remains of an old military fort built during Napoleonic times and a Franciscan chapel built in the Middle Ages.

Following some free time, drive back to Capri town where you will have a short orientation before being afforded additional free time to have lunch on your own, do some shopping or stroll through the colorful Augustus Gardens. Afterwards, take the funicular down to the marina where you will board the jetfoil for the return trip to Naples.

Special Note: This tour includes approximately two hours of guided moderate walking/standing that may include steps and uneven surfaces, plus any additional discretionary walking during the 3-hours of free time. The tour is not considered suitable for wheelchair guests or those with walking difficulties. Participants should be in reasonably good physical condition. Those who suffer from motion sickness should take the necessary precautions. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen. Shoulders and legs must be covered when entering religious sites.
While nearby Pompeii is the most famous of these two sister cities, Herculaneum offers a different feel than what is experienced in other ancient cities, including Pompeii. While smaller, its ruins are more well-preserved, due to its destruction happening in a different way than Pompeii.

A short drive brings you to the site where you will start your guided exploration. Mainly a fishing village, it became popular for its desirable location overlooking the Bay of Naples. Chosen as a summer resort by wealthy Romans, it became quite an affluent city and the wonderful villas that were built here are adorned with beautiful frescoes, mosaics, and marvelous statues. Because the city was destroyed by the landslide of mud flooding down from the volcano, most escaped total destruction and were more well-preserved against the elements. Had the wind been blowing in a different direction that day, it would likely have been a different story. The remains here of homes, shops, and baths, along with wooden items and fabrics, have remarkably survived primarily intact. Because of that, visitors are given an extraordinarily unique vision of what life was like here at that time.

Following your visit at Herculaneum, head back to the pier. En route, enjoy a stop at a local cameo factory where you can observe how this time-honored intricate jewelry is made. While here, you'll have some time to browse the factory's store and perhaps purchase a piece as a memento of a what is sure to be a memorable day spent in Naples.

Special Note: This tour includes just over two hours of guided moderate walking/standing that includes steps and uneven surfaces. The tour is not available to wheelchair guests and may not be suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes with a non-slip sole; a sun cap; sunglasses and sunscreen.

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**NAP303: HISTORICAL HERCULANEUM - SISTER CITY TO POMPEII AND A UNESCO WORLD HERITAGE SITE - SEPTEMBER 24, 2021 | $105pp**

3.5 HOURS | MEAL: NONE

Visit the extraordinary site of Pompeii, the partially excavated Roman town that along with its sister city Herculaneum, was destroyed and completely buried during a catastrophic eruption of Mt. Vesuvius.

It's a short drive from the port to reach your first stop, a vintage cameo factory. A quick visit here will showcase how the cameos are made and allow you to browse their shop where perhaps you will find one to take home as a souvenir.

Next, it's on to the remarkable ruins of Pompeii. Even prior to the cataclysmic volcanic eruption in 79 A.D, the city had a colorful and important history and was a key transit point for goods arriving by sea. Buried under 72 feet of ash and pumice, it then became forever etched in time for that singular event. Walk the site with your knowledgeable guide and learn details about the historic 2-day event that ended the life of this ancient Roman town and many of its residents. The atmosphere is still sobering as you view the main sections of the site that include the immense Forum, temples, homes, and shops. Life here was quite literally, stopped in its tracks as witnessed in some of the displays. Smaller excavations continue and in 2018, further discoveries were made.

Following your guided tour, enjoy some free time to further explore on your own before it's time to re-board your coach for the drive back to the pier.

Special Note: This tour includes two hours of moderate to vigorous walking/standing that includes numerous steps and uneven surfaces. The tour is not available to wheelchair guests and is not considered suitable for those with walking difficulties. We recommend wearing weather appropriate comfortable clothing; flat walking shoes; a sun cap; sunglasses and sunscreen.

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**NAP306: UNFORGETTABLE POMPEII - A UNESCO WORLD HERITAGE SITE - SEPTEMBER 24, 2021 | $99pp**

4 HOURS | MEALS: LUNCH

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The atmosphere in Sorrento is decidedly more laid-back than that of its neighbor, bustling Naples. Spend time getting acquainted with both cities during this experience that allows you to leisurely enjoy Naples via a panoramic drive and explore Sorrento on your own.

Board your coach at the pier and commence the 37-mile trip to Sorrento, stopping along the way to capture photos of the beautiful coastline. On arrival, receive a brief orientation from your guide and a coupon for a complimentary soft drink or ice cream and then have the next 90 minutes to discover the many things that make Sorrento such a popular destination for tourists and locals alike. Stroll the charming cobblestone streets which are filled with interesting shops that sell just about everything, including marvelous antiques. Be sure not to miss the wood-working demonstration in the town center as Sorrento is renowned for its marvelous inlaid wood pieces.

Rejoin your guide at the appointed time and drive back to Naples where a panoramic drive through the city showcases its major landmarks. Your route takes you past colorful piazzas, monuments, churches, and museums. Before heading back to the port, stop at the viewpoint on top of Posillipo Hill to capture some photos of the city and the Bay of Naples spread out below you.

Special Note: Walking on this tour is primarily at the guest’s discretion during the free time in Sorrento and there are inclines and cobblestone streets in Sorrento. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the transportation and have a companion to assist them. We recommend wearing weather appropriate comfortable clothing; flat walking shoes with a non-slip sole; a sun cap; sunglasses and sunscreen.

NAP309: EXPLORING THE UNDERWATER ARCHAEOLOGICAL PARK OF BAIA - ITALY’S ATLANTIS (1-TANK SCUBA DIVE) - SEPTEMBER 24, 2021 | $599pp

5 HOURS | MEAL: NONE

While not the expected underwater experience of vibrantly colored coral and tropical fish, divers will find this unique opportunity of exploring the Gulf of Naples’ submerged Roman ruins of Baia just as awe-inspiring.

People have been known to refer to Baia as the ancient Roman version of Las Vegas, boasting pools, casinos, and plenty of carefree socializing. In the height of its glory, it was a vacation location for Rome's elite who built luxurious villas here that overlooked the sea. They would spend their days indulging in eating, drinking, and pursuing other pleasures. Some of the well-known names that came here were Nero, Augustus, Julius Caesar, and Marcus Antonius. There is even speculation that Cleopatra was a visitor.

The other notable archaeological sites in the region - Pompeii and Herculaneum, were buried by either ash or mud after the eruption of Mt. Vesuvius. However, Baia is unique in that it was destroyed by a seismic phenomenon known as Bradyseism. Not to be confused with earthquakes in which the earth moves sideways, with Bradyseism the earth moves up and down and was the catalyst that plunged this town below the sea's surface. Incredibly, it is not out of the question that this could occur again in reverse and Baia once again be on land.

From the pier in Naples, it’s a drive of approximately one hour to the dive center. On arrival, meet the dive staff, don your equipment and after a briefing on safety and what to expect, set off for your dive. The sites you will explore range from 16 feet – 42 feet in depth and will offer you an optimal experience to enjoy this incomparable historical and cultural site. Lying beneath the surface are imperial baths, mosaics, statues, and marble floors waiting for you to discover.

Your dive will last around 1.75 hours after which you will head to shore, return your equipment, and transfer back to the port in Naples.

Special Note: This tour has limited walking. The drive to the dive center is approximately 30 minutes in each direction. The tour is not available to wheelchair guests, those with physical limitations or other medical limitations such as heart, respiratory, back or neck problems, diabetes, or pregnant women. Participants must be PADI certified divers and bring their PADI card with them. We recommend wearing weather appropriate comfortable clothing over swim wear; flat shoes with a non-slip sole, sun cap and sunscreen and bring a towel. Those who take part in any water activities do so at their own risk and responsibility. Guests will need to sign a waiver and fill out a medical form before being allowed to take part in the tour.
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**CVV510PST: THE MANY FACETS OF LAKE COMO - BOATING, HIKING AND CANYONING - SEPTEMBER 25, 2021**

|$4,250<sup>pp</sup> (DOUBLE) / $5,599<sup>pp</sup> (SINGLE)

4 DAYS / 3 NIGHTS | MEALS: YES

Extend your stay in Italy by spending a few days at fabled Lake Como. Nestled in the foothills of the Italian Alps, Italy's third largest lake has gained a reputation as a retreat for the rich and famous, but it is so much more than that as you will discover.

**Day 1** - After disembarking the ship in Civitavecchia, transfer to Rome and check-in to your luxury hotel. The rest of the afternoon is at your leisure to explore the city on your own. Dinner is at the hotel.

**Day 2** - Following an early breakfast at the hotel, transfer to the train station and travel via fast train to Milan's Central Railway Station. Upon arrival, it's a picturesque 90-minute drive by private vehicle to Lake Como. The beautiful passing scenery is just a hint at what awaits you. Arriving in the charming town of Bellagio, check-in to your hotel and later in the afternoon, enjoy a relaxing boat ride around the lake. Palatial homes rim the shores of this sapphire blue lake and majestic mountains form a dramatic backdrop. It's easy to see why it attracts so many to either visit or make this their vacation home.

After your boat ride, enjoy dinner at the hotel and then have the rest of the evening at leisure.

**Day 3** - It's an early start to the day and after breakfast at the hotel, drive the short distance to Lenno where you will enjoy a morning hike to Villa Balbianello. It's approximately 2-miles of moderate hiking to reach this stunning villa that is perched on the tip of a headland that reaches out into the lake. From its wonderful, terraced gardens, you are treated to stunning views across the lake, from Isola Comacina to the western shores.

After lunch, you will have the choice of spending the afternoon exploring the exquisite town of Bellagio on your own or going canyoning in Lenno Canyon. The canyoning will offer up the physical challenges of climbing, rappelling, sliding down water cascades and dependent on water levels, short swims in the refreshing mountain waters. Either choice is sure to enhance your visit.

On this final evening in Lake Como, enjoy dinner at the hotel and spend the remainder of your last night as you wish.

**Day 4** - Start the day with breakfast in the hotel and after checking-out, travel by private vehicle to either the train station in Milan for those who want to return via fast train to Rome, or to the airport for those who have flights booked from Milan back to their homes.

Special Note: This tour includes a mixture of moderate to vigorous physical activity that can include steep inclines, natural and uneven surfaces. Some of the activities such as hiking and canyoning are not available to wheelchair guests, those with physical limitations or other health concerns such as heart, respiratory, back or neck issues or pregnant women, and may not be suitable for those with a fear of heights. Guests participating in those activities should be in good physical condition. We recommend wearing weather appropriate comfortable clothing; flat, sturdy walking shoes with a closed toe; a sun cap; sunglasses and sunscreen. All safety equipment will be provided where needed. Guests will need to sign a waiver before being allowed to take part in some activities. Dependent upon weather conditions in Lenno Canyon, the canyoning activity may be substituted for a Via Ferrata experience around the lake.

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**CVV401PST: THE WINE AFICIONADO’S TOUR OF TUSCANY’S FINEST WINERIES - SEPTEMBER 25, 2021**

|$3,359<sup>pp</sup>

4 DAYS / 3 NIGHTS | MEALS: YES

Geared toward wine lovers, this tour allows you to extend your time in Italy as you visit four of the best wineries in the region.

**Day 1** - After disembarking the ship in Civitavecchia, transfer to Rome and check-in to your luxury hotel. The rest of the afternoon and evening are at your leisure to explore the city on your own.

**Day 2** - Following breakfast at the hotel, transfer to the train station and travel to Florence via fast train. On arrival, drive by private car to your first winery for the day, Capezzana winery, another excellent family-owned winery that has been producing wine here for centuries. One of the oldest in the region, it also is the largest wine producer here. The winery's name list of past ownership reads like a who's who, with names such as Medici, Bonaccorsi, Bourbon, Cantucci and Rothschild. Since 1920 when it was purchased by Conte Alessandro Contini Bonacossi, it has been operated by successive generations of his family. Wine varieties produced here include Sangiovese, Cabernet Sauvignon, Cabernet Franc, Canaiolo, Merlot, Syrah, Chardonnay, Trebbiano and San Colombano. The elegant estate, which is worth a visit itself, is also a notable producer of olive oil.

Next, travel to Tenuta Castiglioni-Frescobaldi. Nestled in the hills of Val di Pesa, Tenuta Castiglioni is the oldest of the Frescobaldi family’s estates and has belonged to the family since the 11th century. Documentation tells us wine has been produced here as early as 1300 AD. Thanks to the excellent weather and soil conditions, the winery produces outstanding varieties of Cabernet Sauvignon, Merlot, Cabernet Franc and Sangiovese wines. Following your winery visits, drive by private car to Badia a Coltibuono and check-in to your accommodations for the evening, where you will have dinner and then the rest of the evening at your leisure.

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Day 3 - After breakfast, check-out and start your exploration of two more outstanding wineries in the region, which include Badia a Coltibuono where you have just spent the night, and the Avignonesi Winery.

Located on the hillside of Monti del Chianti, outstanding Badia a Coltibuono has belonged to the Stucchi Prinetti family since 1846. Considered the pioneers of Chianti, the family has successfully nurtured their grapes over the years and produce a number of notable wines, including excellent Sangiovese varietals and of course, Chianti. They are also known for producing olive oil. The villa that was once a monastery, is open to guests and is a popular destination for those on holiday.

Your final winery visit is to Avignonesi Winery, the leading winery in the Montepulciano area of Tuscany. The winery was founded in 1974 and purchased in 2009 by Virginie Saverys who made significant changes, namely working to convert the property to organic and biodynamic viticulture and it received its organic certification in 2015. Varieties produced here include a Vino Nobile that is 100% Sangiovese, a Merlot blend, a Chardonnay and most recently, a blend of Sangiovese and Cabernet Sauvignon.

When your tour concludes, transfer back to Rome for your final night there before flying home.

Special Note: The activities on this tour includes a significant amount of walking/standing and some steps and uneven surfaces. The tour is not available to wheelchair guests or those with other physical limitations. Participants under the age of 18 years old will not be permitted to take part in the wine tastings. We recommend wearing weather appropriate comfortable clothing; flat, sturdy walking shoes with a closed toe; a sun cap; sunglasses and sunscreen.

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When your tour concludes, transfer back to Rome for your final night there before flying home.

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ATHENS (PIRAEUS), GREECE
- PIR510PRE-DBL: Spectacular Peloponnese Adventure Challenge
  Date: September 18, 2021 | Price: $1,999
- PIR401PRE: Experience Athens’ Historical Past and Vibrant Present
  Date: September 18, 2021 | Price: $2,240

DELPHI (ITEA), GREECE
- ITA301: The Captivating Monastery of Ossios Loucas
  Date: September 19, 2021
  Price: COMPLIMENTARY OPTION OR $79
- ITA302: The UNESCO World Heritage Site of Delphi
  Date: September 19, 2021
  Price: COMPLIMENTARY OPTION OR $85

OLYMPIA (KATAKOLON), GREECE
- KAK301: Mystical Ancient Olympia - A UNESCO World Heritage Site and Archaeological Museum Date: September 20, 2021
  Price: COMPLIMENTARY OPTION OR $69
- KAK302: Ancient Olympia Comes to Life Through the Marvel of 3D Technology Date: September 20, 2021 | Price: $69
- KAK303: Magna Grecia – A Local Farm Experience
  Date: September 20, 2021 | Price: COMPLIMENTARY OPTION OR $69

TAORMINA (ETNA, SICILY), ITALY
- TAM501: Adventure Quad Tour to Alcantara Gorge for Canyoning and Body Rafting
  Date: September 21, 2021 | Price: $229
- TAM303: Wine Lover’s Tour of the Gambino Winery and Tasting
  Date: September 21, 2021 | Price: $129
- TAM304: Ascent of Mt. Etna and Crater’s Edge Visit
  Date: September 21, 2021 | Price: $179
- TAM305: Discover the Charms of Taormina On Foot
  Date: September 21, 2021 | Price: $99
- TAM306: Iconic Scenes of The Godfather
  Date: September 21, 2021 | Price: COMPLIMENTARY OPTION OR $99
- TAM307: Mt. Etna Scenic Drive
  Date: September 21, 2021 | Price: COMPLIMENTARY OPTION OR $99

PAESTUM (AGROPOLI), ITALY
- AGO301: Paestum – Italy’s Footprint of Greek Architecture
  Date: September 22, 2021 | Price: COMPLIMENTARY OPTION OR $79
- AGO302: Paestum Farm Life and its Famous Archaeological Site
  Date: September 22, 2021 | Price: $109
- AGO305: Journey to Salerno and the Allied Landing Site of Operation Avalanche
  Date: September 22, 2021
  Price: COMPLIMENTARY OPTION OR $79
- AGO306: Benvenuti Al Sud Movie Locations
  Date: September 22, 2021 | Price: $89

RAVELLO (AMALFI), ITALY
- AMA501: Exhilarating Tandem Paragliding Adventure
  Date: September 23, 2021 | Price: $499
- AMA301: Unforgettable Pompeii – A UNESCO World Heritage Site
  Date: September 23, 2021 | Price: $119
- AMA304: Discover the Charms of Enchanting Ravello
  Date: September 23, 2021
  Price: COMPLIMENTARY OPTION OR $95
- AMA305: Explore Legendary Amalfi on Foot and Paper Mill Visit
  Date: September 23, 2021
  Price: COMPLIMENTARY OPTION OR $89
- AMA308: Historical Herculaneum – Sister City to Pompeii and a UNESCO World Heritage Site
  Date: September 23, 2021 | Price: $119

MORE EXCURSIONS ON THE NEXT PAGE

WORKSHEET PAGE 1

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BOOKING #
NOTES

All images are representative and may not exactly depict every land excursion. Atlas Ocean Voyages reserves the right to correct any errors or omissions at any time. All ports, except embarkation and disembarkation, offer a selection of complimentary excursions. Excursions are capacity controlled. © 2021 Atlas Ocean Voyages. Ship’s Registry: Portugal
NAPLES/POMPEII, ITALY

- **NAP501:** Thrilling Tandem Sky Diving Adventure and Pompeii Visit
  Date: September 24, 2021 | Price: $889

- **NAP502:** Underground Adventure in the Borbonic Tunnel
  Date: September 24, 2021 | Price: $119

- **NAP503:** The Flight of the Angel
  Date: September 24, 2021 | Price: $599

- **NAP301:** Captivating Capri – Italy’s “Island of Love”
  Date: September 24, 2021 | Price: $175

- **NAP303:** Historical Herculaneum – Sister City to Pompeii and a UNESCO World Heritage Site
  Date: September 24, 2021 | Price: COMPLIMENTARY OPTION OR $105

- **NAP306:** Unforgettable Pompeii - a UNESCO World Heritage Site
  Date: September 24, 2021 | Price: $99

- **NAP308:** Leisurely Sorrento On Your Own and Panoramic Naples
  Date: September 24, 2021
  Price: COMPLIMENTARY OPTION OR $99

- **NAP309:** Exploring the Underwater Archaeological Park of Baia – Italy’s Atlantis (1-tank Scuba Dive)
  Date: September 24, 2021 | Price: $599

ROME (CIVITAVECCHIA), ITALY

- **CVV510PST:** The Many Facets of Lake Como – Boating, Hiking and Canyoning
  Date: September 25, 2021
  Price: $4,250 (Double) / $5,599 (Single)

- **CVV401PST:** The Wine Aficionado’s Tour of Tuscany’s Finest Wineries
  Date: TBD | Price: $3,359

- **CVV402PST:** Best of Rome – The Marquee Attractions
  Date: TBD | Price: $1,829